

WHAT IS A CLUBHOUSE ?

The Clubhouse is a Psychiatric Rehabilitation approach to Recovery for adults with Mental Illness. Work is considered the main tool of rehabilitation within the clubhouse. Members are expected to work together, equally, within the Clubhouse to ensure the effective operation of the Clubhouse.

Members are expected to run the Clubhouse, participate in the work-ordered day, and the (TEP) Transitional Employment Program. Each Clubhouse establishes its own work-ordered day and the “units”. Many Clubhouses have a Social component which is also planned by Members and Staff.

The goal of a Clubhouse is to improve the quality of life of its members and prepare members for competitive employment. This goal is accomplished by offering vocational and socialization services designed to enhance community integration.

The original Clubhouse, founded in New York City in 1940 was conceived as “an intentional community designed to create a restorative environment within which individuals who have been socially and vocationally disabled by mental illness can be helped to achieve or regain the confidence and skills necessary to lead vocationally satisfying lives” (Beard, Probst & Malamud, 1982)

This program is being
funded by:

The Washington County
MH/MR Program Office

New Hope Clubhouse

901 Jefferson Avenue
Washington, PA 15301
(724) 228-5215

E-mail:

newhopeclubhouse.1@verizon.net

Website:

ami-inc.org



New Hope Clubhouse

The mission of the New Hope Clubhouse is to nurture and support its members to greater independence through meaningful work.

At New Hope this includes, onsite training, transitional, supported and independent employment support.

BENEFITS OF A CLUBHOUSE

Documented research on existing clubhouses indicates that members and their communities benefit from Clubhouse services in the form of; higher employment rates, a decrease in hospitalization, reduced incarceration, improved well-being, and reduced cost of services in comparison to other programs. At the New Hope Clubhouse we expect to achieve similar outcomes.

Additionally, individual members will benefit from using Clubhouse services in the following ways;

Job Skills – The opportunity to acquire new job skills and obtain independent employment through participation in daily operations of the Clubhouse and through (supervised) transitional employment placements.

Goals – A chance to rebuild identity through setting and achieving personal career goals.

Self-Esteem – Build self-confidence through accomplishment of specific goals with potential; for greater personal and financial independence.

Pride – Rejoin society with pride through greater social and economic participation

Social Skills – Strengthen and practice social skills through daily contact and support in the Clubhouse.

UNITS AT NEW HOPE CLUBHOUSE

Clerical Unit – A member who wishes to work in the clerical unit may perform the following duties;

- Gain/Learn Computer skills
- Prepare the Clubhouse newsletter
- Process intake forms for new members

Kitchen Unit – A member who wishes to work in the kitchen unit may perform the following duties;

- Prepare menus
- Shop for food to prepare meals
- Cook meals to serve to members
- Practice waiter/waitress duties
- Operate cash register when members purchase meals

Education Unit – A member who wishes to work in the Education Unit may perform the following duties;

- Learn more about their illness
- Begin to work towards their GED
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Transitional Employment – A member may have opportunities to participate in the following;

- 6 – 9 month Transitional employment opportunities
- Supported employment

The Clubhouse has four guaranteed rights of membership, they are as follows;

- 1) A right to a place to come
- 2) A right to meaningful relationships
- 3) A right to meaningful work
- 4) A right to a place to return

If you have a family member or friend who could benefit from the services offered at the New Hope Clubhouse, please contact us at;

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Admissions, the provisions of services and referrals shall be made without regard to race, color, religious creed, disability, ancestry, national origin, age, limited English proficiency or sex.

Program services shall be made accessible to eligible persons with disabilities through the most practical and economically feasible methods available

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